# Beverages & Desserts

## Beverages
Includes appropriate accompaniments

<table>
<thead>
<tr>
<th>Bev</th>
<th>Description</th>
<th>Cal/8 oz. serving</th>
<th>Price/Person</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hot Water</td>
<td>With Assorted Tea Bags</td>
<td>0</td>
<td>$1.99</td>
</tr>
<tr>
<td>Bottled Water</td>
<td>(0 Cal)</td>
<td>0</td>
<td>$1.99</td>
</tr>
<tr>
<td>Assorted Sodas</td>
<td>(Can)</td>
<td>0-150</td>
<td>$1.79</td>
</tr>
<tr>
<td>Starbucks Regular Coffee</td>
<td>(8 oz. serving)</td>
<td>0</td>
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</tr>
<tr>
<td>Starbucks Decaf Coffee</td>
<td>(8 oz. serving)</td>
<td>0</td>
<td>$2.29</td>
</tr>
<tr>
<td>Iced Tea</td>
<td>(5 Cal/8 oz. serving)</td>
<td>17</td>
<td>$17.99</td>
</tr>
<tr>
<td>Lemonade</td>
<td>(0 Cal/8 oz. serving)</td>
<td>17</td>
<td>$17.99</td>
</tr>
<tr>
<td>Assorted Fruit Juices</td>
<td>(120-130 Cal/8 oz. serving)</td>
<td>17</td>
<td>$17.99</td>
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<tr>
<td>Iced Water</td>
<td>(0 Cal/8 oz. serving)</td>
<td>0</td>
<td>$1.29</td>
</tr>
<tr>
<td>Infused Water</td>
<td>0 Cal/8 oz. serving</td>
<td>0</td>
<td>$9.99</td>
</tr>
<tr>
<td>Lemon Infused Water</td>
<td>0 Cal/8 oz. serving</td>
<td>0</td>
<td>$9.99</td>
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<tr>
<td>Orange Infused Water</td>
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<td>$9.99</td>
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<tr>
<td>Apple Infused Water</td>
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<td>$9.99</td>
</tr>
<tr>
<td>Cucumber Infused Water</td>
<td>0 Cal/8 oz. serving</td>
<td>0</td>
<td>$9.99</td>
</tr>
<tr>
<td>Grapefruit Infused Water</td>
<td>0 Cal/8 oz. serving</td>
<td>0</td>
<td>$9.99</td>
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## Desserts
Available for 12 guests or more

<table>
<thead>
<tr>
<th>Item</th>
<th>Description</th>
<th>Cal &amp; Oz. Each</th>
<th>Price/Dozen</th>
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</thead>
<tbody>
<tr>
<td>Assorted Craveworthy Cookies</td>
<td>250-310 Cal each</td>
<td>250-310</td>
<td>$13.49</td>
</tr>
<tr>
<td>Bakery Fresh Brownies</td>
<td>250 Cal/2.25 oz. serving</td>
<td>250-275</td>
<td>$14.49</td>
</tr>
<tr>
<td>Gourmet Dessert Bars</td>
<td>300-370 Cal/2.75-3.25 oz. serving</td>
<td>300-370</td>
<td>$16.49</td>
</tr>
<tr>
<td>USM Petit Fours</td>
<td>50 Cal</td>
<td>50</td>
<td>$25.99</td>
</tr>
<tr>
<td>Black and White Petit Fours</td>
<td>50 Cal</td>
<td>50</td>
<td>$23.99</td>
</tr>
</tbody>
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**Ordering Information**

**Lead Time**
Notice of 72 hours is appreciated, however, we will do our best to accommodate all late orders that are received. We appreciate the importance of your function and will do whatever it takes to exceed your expectations.

**Extras**
If rental equipment, linens, or service staff are needed, we can take care of it for you with necessary charges. We are delighted to assist you with all of your event needs from rental equipment, flowers, florals to service staff and everything in between. Additional fees may apply.

**Contact Us Today**
601.266.5552 Ext. 5552
dillon-marlene@aramark.com
www.southernmaccatering.com

Prices effective until 08/01/2019

Prices may be subject to change.

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The calorie and nutrition information provided is for individual servings, not for the total number of servings on each tray, because serving styles e.g. trays/bowls used vary significantly, in order to accommodate numbers of guests that can range from single digits to thousands.

Due to our desire and ability to provide custom solutions, we do not offer standard serving containers. If you have any questions, please contact your catering manager directly.

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## All-Day Packages

### All Day Delicious $36.99
Relax. We’ll keep the food coming! These 4 selections will keep your energy up throughout the day. Available for 15 guests or more. Includes appropriate condiments.

### Delicious Dawn
- **Assorted Muffins**: 400-510 Cal each
- **Miniature Scones**: 430-450 Cal each
- **Fresh Seasonal Sliced Fruit**: 40 Cal/2.5 oz. serving
- **Assorted Juice**: 110-170 Cal each
- **Bottled Water**: 0 Cal each
- **Starbucks Coffee, Decaf and Hot Tea**: 0 Cal/8 oz. serving

### AM Park Up
- **Granola Bars**: 190 Cal each
- **Assorted Individual Yogurt Cups**: 50-150 Cal each
- **Iced Tea**: 5 Cal/8 oz. serving
- **Starbucks Coffee, Decaf and Hot Tea**: 0 Cal/8 oz. serving

### Power Up Lunch
- **Tomato and Cucumber Couscous Salad**: 120 Cal/2 Oz. serving
- **Orange Fennel Salad**: 210 Cal/1.5 oz. serving
- **Bakery Fresh Rolls**: 160 Cal each
- **Green Beans Gremolata**: 70 Cal/3 oz. serving
- **Three Pepper Cavatappi with Pesto**: 310 Cal/7 oz. serving
- **Grilled Chicken with a Lemon Tarragon White Wine Sauce**: 200 Cal/5.75 oz. serving
- **Smoked Turkey Wrap**: 440 Cal/4 oz. serving
- **New York Cheesecake**: 5 Cal/8 oz. serving
- **Iced Tea**: 0 Cal/8 oz. serving

### PM Pick Me Up
- **Grilled Spinach Dip with Tortilla Chips**: 230 Cal/2 oz. serving
- **Grilled Vegetable Tray**: 70 Cal/3 oz. serving
- **Freshly Baked Brownies**: 250 Cal/2.25 oz. serving
- **Bottled Water**: 0 Cal each
- **Starbucks Coffee, Decaf and Hot Tea**: 0 Cal/8 oz. serving

### Breaks
- **All-Day Packages**: $36.99
- **Meeting Wrap Up**: $31.99

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### Morning Mini
- **Miniature Muffins**: 80-120 Cal each
- **Miniature Scones**: 140-170 Cal each
- **Miniature Scones**: 110-120 Cal each
- **Yogurt Parfait cups**: 370-400 Cal each
- **Iced Tea**: 0 Cal/8 oz. serving
- **Starbucks Coffee, Decaf and Hot Tea**: 0 Cal/8 oz. serving

### The Energizer
- **Granola Muesli**: 45-90 Cal each
- **Ripe Bananas**: 110 Cal each
- **Iced Tea**: 5 Cal/8 oz. serving
- **Starbucks Coffee, Decaf and Hot Tea**: 0 Cal/8 oz. serving

### It’s a Wrap
Includes choice of salad:
- **Chicken Caesar Wrap**: 540 Cal each
- **Pepper Jack Tuna Wrap**: 590 Cal each
- **Cran-Apple Turkey Wrap**: 650 Cal each
- **Grilled Vegetable Wrap**: 620 Cal each
- **Fresh Seasonal Sliced Fruit**: 40 Cal/2.5 oz. serving
- **Traditional Garden Salad**: 50 Cal/3 oz. serving
- **Grilled Vegetable Pasta Salad**: 130 Cal/3 oz. serving
- **Individual Bag of Chips**: 100-160 Cal each
- **Assorted Craveworthy Cookies**: 250-310 Cal each
- **Freely Baked Brownies**: 250 Cal/2.25 oz. serving
- **Soft Tea**: 5 Cal/8 oz. serving
- **Iced Water**: 0 Cal/8 oz. serving

### Mid-Day Munchies
Fresh Tortilla Chips served with two (2) Salads: Salsa Roja, Salsa Verde or Pico De Gallo accompanied by a Fruit Bowl, Assorted Crackers, Cookies and Beverages
- **Tortilla Chips**: 90 Cal/2 oz. serving
- **Salsa Roja**: 20 Cal/1 oz. serving
- **Salsa Verde**: 20 Cal/1 oz. serving
- **Pico De Gallo**: 10 Cal/1 oz. serving
- **Assorted Fruit**: 50-110 Cal each
- **Assorted Crackers and Cookies**: 250-310 Cal each
- **Bottled Water**: 0 Cal each
- **Starbucks Coffee, Decaf and Hot Tea**: 0 Cal/8 oz. serving

### New York Cheesecake
440 Cal/slice

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### RECEPTIONS

#### Reception Stations

Reception Stations may require additional fees for a chef attendant. Please consult your catering professional for details. All prices are per person and available for 12 guests or more. Include appropriate condiments.

### American Tea
- **The perfect selection of sweet and savory snacks**
- **Fresh Mozzarella Tea Sandwiches**: 250 Cal each
- **Grilled Chicken and Apple Tea Sandwiches**: 230 Cal each
- **Roast Beef and Brie Tea Sandwiches**: 270 Cal each
- **Scones with Jam and Honey**: 380 Cal/3 oz. serving
- **Cream Cheese**: 380 Cal/3 oz. serving
- **Assorted Petit Fours**: 60-140 Cal each
- **Shortbread Cookies**: 20 Cal each
- **Hot Water with Assorted Tea Bags**: 0 Cal/8 oz. serving

### Traditional Carving-Slow-Cooked Beef
- **$15.49**
- **Slow-Cooked Beef**: 160 Cal each
- **Beef Brisket**: 200 Cal/3 oz. serving
- **Roasted Garlic Aioli**: 190 Cal/7 oz. serving
- **Tarragon Horseradish**: 190 Cal/7 oz. serving
- **Roasted Mushrooms**: 90 Cal/3 oz. serving
- **Individual Yogurt Cups**: 50-150 Cal each
- **Pears**: 100 Cal each
- **Apples**: 60 Cal each
- **Assorted Scones**: 430-470 Cal each
- **Assorted Muffins**: 400-510 Cal each
- **Assorted Individual Yogurt Cups**: 50-150 Cal each
- **Iced Tea**: 5 Cal/8 oz. serving
- **Starbucks Coffee, Decaf and Hot Tea**: 0 Cal/8 oz. serving
- **Iced Water**: 0 Cal/8 oz. serving
- **Iced Tea**: 5 Cal/8 oz. serving
- **Iced Tea**: 5 Cal/8 oz. serving
- **Assorted Muffins**: 400-510 Cal each
- **Starbucks Coffee, Decaf and Hot Tea**: 0 Cal/8 oz. serving
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ALL-DAY PACKAGES

Choose one of these 3 packages to sustain you throughout the day.

Simple Pleasures $23.99
Easy does it—Casually tasteful fare. This All-Day package includes 3 of our favorites. Available for 15 guests or more. Includes appropriate condiments.

Simple Continental

- Assorted Donuts 190-490 Cal each
- Assorted Bagels 170-360 Cal each
- Orange Juice 120 Cal/8 oz. serving
- Iced Water 0 Cal/8 oz. serving
- Starbucks Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

Box Lunch

- Choice of Sandwich accompanied by Chips, Assorted Craveworthy Cookies and Bottled Water
- Tuna Salad Ciabatta 540 Cal each
- Ham & Swiss Sub 380 Cal each
- Turkey & Swiss Sandwich 490 Cal each
- Roasted Pepper & Mozzarella Ciabatta 530 Cal each
- Individual Bag of Chips 100-160 Cal each
- Assorted Craveworthy Cookies 250-310 Cal each
- Bottled Water 0 Cal each

Mid-Day Munchies

Fresh Tortilla Chips served with two (2) Salsas: Salsa Roja, Salsa Verde or Pico De Gallo accompanied by a Fruit Bowl, Assorted Craveworthy Cookies and Beverages

- Tortilla Chips 90 Cal/2 oz. serving
- Salsa Roja 20 Cal/1 oz. serving
- Salsa Verde 20 Cal/1 oz. serving
- Pico De Gallo 10 Cal/1 oz. serving
- Assorted Fruit 50-110 Cal each
- Assorted Craveworthy Cookies 250-310 Cal each
- Bottled Water 0 Cal each

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- Starbucks Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

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- Ham & Swiss Sub 380 Cal each
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- Roasted Pepper & Mozzarella Ciabatta 530 Cal each
- Individual Bag of Chips 100-160 Cal each
- Assorted Craveworthy Cookies 250-310 Cal each
- Bottled Water 0 Cal each

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- Salsa Roja 20 Cal/1 oz. serving
- Salsa Verde 20 Cal/1 oz. serving
- Pico De Gallo 10 Cal/1 oz. serving
- Assorted Fruit 50-110 Cal each
- Assorted Craveworthy Cookies 250-310 Cal each
- Bottled Water 0 Cal each

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

Southern Miss Catering is delighted to create special menus that accommodate your culinary preferences and budget. Please contact the Southern Miss Catering Office at 601.266.5552 to arrange a personal consultation. Custom menus will be market-priced and quoted individually.

May we suggest a Served Meal or Reception? Southern Miss Catering is delighted to create special menus that accommodate your culinary preferences and budget. Please contact the Southern Miss Catering Office at 601.266.5552 to arrange a personal consultation. Custom menus will be market-priced and quoted individually.

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## Breakfast
### Breakfast Collections
All prices are per person and available for 12 guests or more.
Includes appropriate condiments.

- **Mini Continental** $9.79
  - Miniature Muffins 80-120 Cal each
  - Miniature Danish 140-170 Cal each
  - Miniature Bagels 110-160 Cal each
  - Fresh Seasonal Sliced Fruit 40 Cal/2.5 oz. serving
  - Salt Water 0 Cal/8 oz. serving
  - Starbucks Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

- **Breakfast Collection**
  - **Miniature Muffins**
    - $2.19 Per Person
  - **Miniature Danish**
    - $2.19 Per Person
  - **Miniature Bagels**
    - $1.99 Per Dozen
  - **Fresh Seasonal Sliced Fruit**
    - $3.09 Per Person
  - **Iced Water**
    - 0 Cal/8 oz. serving
  - **Starbucks Coffee, Decaf and Hot Tea**
    - 0 Cal/8 oz. serving

### Quick Start $9.29

Choice of three (3) Breakfast Pastries served with Fresh Seasonal Sliced Fruit, Fresh Assorted Juices and Bottled Water and Starbucks Coffee, Decaf and Hot Tea.

- **Assorted Muffins**
  - 400-510 Cal each
- **Assorted Danish**
  - 200-430 Cal each
- **Assorted Scones**
  - 340-470 Cal each
- **Assorted Bagels**
  - 170-340 Cal each
- **Fresh Seasonal Sliced Fruit**
  - 40 Cal/2.5 oz. serving
- **Assorted Juice**
  - 110-170 Cal each
- **Bottled Water**
  - 0 Cal each
- **Starbucks Coffee, Decaf and Hot Tea**
  - 0 Cal/8 oz. serving

### Healthy Choice Breakfast $8.69

Whether in combination with one of our other Breakfast Packages or alone, a healthy way to start your day.

- **Individual Cereal Cups**
  - 140-260 Cal each
- **Milk**
  - 120 Cal each
- **Bananas**
  - 110 Cal each
- **Assorted Individual Yogurt Cups**
  - 50-150 Cal each
- **Starbucks Coffee, Decaf and Hot Tea**
  - 0 Cal/8 oz. serving

### À la Carte Breakfast
Includes appropriate condiments.

- **Assorted Muffins** (400-510 Cal each)
  - $2.19 Per Person
- **Assorted Danish** (200-430 Cal each)
  - $2.19 Per Person
- **Assorted Breakfast Breads** (110-220 Cal each)
  - $13.49 Serves 12
- **Fresh Seasonal Sliced Fruit**
  - 40 Cal/2.5 oz. serving

## Receptions
### Hors d’oeuvres
Hors d’oeuvres are priced per dozen. Includes appropriate condiments.

#### Reception Hors d’oeuvres (Hot)
- **Balsamic Fig and Goat Cheese Flatbread** (80 Cal each)
  - $25.99
- **Beef Empanadas** (70 Cal each)
  - $23.99
- **Brie, Pear and Almond Beggar’s Purse** (90 Cal each)
  - $29.99
- **Chicken Empanadas** (70 Cal each)
  - $23.99
- **Coconut Shrimp** (45 Cal each)
  - $30.99
- **Crab Cakes** (30 Cal each)
  - $25.99
- **Franks in a Blanket** (40 Cal each)
  - $21.99
- **Spanakopita** (70 Cal each)
  - $22.99
- **Vegetable Spring Rolls** (15 Cal each)
  - $33.99

#### Reception Hors d’oeuvres (Cold)
- **Assorted Petit Fours** (60-140 Cal each)
  - $25.99
- **Black and White Petit Fours** (70 Cal each)
  - $23.99
- **Chocolate-Caramel Mini Cheesecakes** (80 Cal each)
  - $23.99
- **Antipasto Kabobs** (45 Cal each)
  - $30.99
- **Mediterranean Antipasto Skewers** (70 Cal each)
  - $31.99
- **Mushroom Profiteroles** (45 Cal each)
  - $33.99

## Nutrition Information
2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.
BUFFETS

Create Your Own Buffet

Customize Your Own Buffet: Select (1) starter, (1) entrée, (2) sides, and (1) dessert. Served with Assorted Rolls and Butter, and Choice of Two Beverages. Includes appropriate condiments.

Buffet Starters
- Seasonal Garden Salad with Balsamic Vinaigrette (50 Cal/3.5 oz. serving)
- Classic Caesar Salad (160 Cal/2.7 oz. serving)
- Baby Spinach Salad with Bacon, Hard Boiled Eggs, and Balsamic Vinaigrette (60 Cal/2.5 oz. serving)
- Crudités with Tzatziki Sauce (40 Cal/5 oz. serving)
- Traditional Hummus with Toasted Pita (130 Cal/1.75 oz. serving)
- Seasonal Fresh Fruit Salad (40 Cal/2.25 oz. serving)

Buffet Entrees
- Fried Chicken with Buttermilk Hot Sauce (170 Cal/6 oz. serving) $17.49
- Roasted Turkey with Cranberry Relish (160 Cal/3.5 oz. serving) $17.49
- Chicken and Shrimp Creole (240 Cal/8.75 oz. serving) $16.49
- Beef Pot Roast with Dijon Shallot Sauce (130 Cal/5 oz. serving) $17.99
- Pesto Flank Steak (250 Cal/3 oz. serving) $18.99
- Cevapcici a la Toscana (430 Cal/15.75 oz. serving) $15.99
- Slow-Roasted Turkey Breast rubbed with Sage and Thyme (130 Cal/3 oz. serving) $17.49

Buffet Sides
- Italian Seasoned Green Beans (40 Cal/0.25 oz. serving)
- Pan Roasted Vegetables (45 Cal/2 oz. serving)
- Toasted Cranberry Apple Couscous (180 Cal/3 oz. serving)
- Marinated Roasted Red Potatoes (120 Cal/2.75 oz. serving)
- Quinoa and Wild Rice Blend (110 Cal/2.6 oz. serving)
- Roasted Red Potatoes (100 Cal/2.75 oz. serving)
- Zucchini, Tomato and Squash Blend (40 Cal/1.5 oz. serving)

Buffet Finishes
- Apple Pie (410 Cal/slice)
- Bread Pudding with Caramel Apple Sauce (370 Cal/6 oz. serving)
- New York-Style Cheesecake (440 Cal/slice)
- Assorted Miniature Chocolate and Caramel Cheesecakes (80 Cal/3.75 oz. serving)
- Dulce de Leche Brownie (220 Cal/1.25 oz. serving)
- Chocolate Cake (270 Cal/slice)

Buffet Beverages
- Assorted Muffins 400-510 Cal each
- Assorted Danish 200-430 Cal each
- Assorted Scones 430-470 Cal each
- Assorted Bagels 170-360 Cal each
- Scrambled Eggs 180 Cal/oz. serving
- Cheddar and Onion Frittata 270 Cal each
- Breakfast Potatoes 130-150 Cal/3 oz. serving
- Bacon 45 Cal each
- Breakfast Sausage 130-220 Cal each
- Pancakes 50 Cal each
- Maple Syrup 70 Cal/oz. serving
- Fresh Seasonal Sliced Fruit 40 Cal/2.5 oz. serving
- Assorted Juices 110-170 Cal each

Southern Miss Catering

Latin Breakfast $10.49
Choice of Chilaquiles Rojo with Eggs or Chorizo Breakfast Quesadilla served with Salsa, Sausage, Spicy Cheddar Grits with Roasted Red Peppers, Strawberry Melon Salad, Assorted Juices and Bottled Water, Starbucks Coffee, Decaf and Hot Tea
- Chilaquiles Rojo with Eggs 340 Cal/6.875 oz. serving
- Chorizo Breakfast Quesadilla 700 Cal/10.875 oz. serving
- Zesty Salsa 20 Cal/1 oz. serving
- Sausage Links 130 Cal each
- Spicy Cheddar Grits with Roasted Red Peppers 100 Cal/3 oz. serving
- Strawberry Melon Salad 40 Cal/3 oz. serving
- Assorted Juices 110-170 Cal each
- Bottled Water 0 Cal each
- Starbucks Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

Egg Whites, Turkey Bacon, and Turkey Sausage are available upon request - nominal fee may apply.

Southern Miss Catering

BUFFETS

Create Your Own Buffet

Customize Your Own Buffet: Select (1) starter, (1) entrée, (2) sides, and (1) dessert. Served with Assorted Rolls and Butter, and Choice of Two Beverages. Includes appropriate condiments.

Buffet Starters
- Seasonal Garden Salad with Balsamic Vinaigrette (50 Cal/3.5 oz. serving)
- Classic Caesar Salad (160 Cal/2.7 oz. serving)
- Baby Spinach Salad with Bacon, Hard Boiled Eggs and Balsamic Vinaigrette (60 Cal/2.5 oz. serving)
- Crudités with Tzatziki Sauce (40 Cal/5 oz. serving)
- Traditional Hummus with Toasted Pita (130 Cal/1.75 oz. serving)
- Seasonal Fresh Fruit Salad (40 Cal/2.25 oz. serving)

Buffet Entrees
- Fried Chicken with Buttermilk Hot Sauce (170 Cal/6 oz. serving) $17.49
- Roasted Turkey with Cranberry Relish (160 Cal/3.5 oz. serving) $17.49
- Chicken and Shrimp Creole (240 Cal/8.75 oz. serving) $16.49
- Beef Pot Roast with Dijon Shallot Sauce (130 Cal/5 oz. serving) $17.99
- Pesto Flank Steak (250 Cal/3 oz. serving) $18.99
- Cevapcici a la Toscana (430 Cal/15.75 oz. serving) $15.99
- Slow-Roasted Turkey Breast rubbed with Sage and Thyme (130 Cal/3 oz. serving) $17.49

Buffet Sides
- Italian Seasoned Green Beans (40 Cal/0.25 oz. serving)
- Pan Roasted Vegetables (45 Cal/2 oz. serving)
- Toasted Cranberry Apple Couscous (180 Cal/3 oz. serving)
- Marinated Roasted Red Potatoes (120 Cal/2.75 oz. serving)
- Quinoa and Wild Rice Blend (110 Cal/2.6 oz. serving)
- Roasted Red Potatoes (100 Cal/2.75 oz. serving)
- Zucchini, Tomato and Squash Blend (40 Cal/1.5 oz. serving)

Buffet Finishes
- Apple Pie (410 Cal/slice)
- Bread Pudding with Caramel Apple Sauce (370 Cal/6 oz. serving)
- New York-Style Cheesecake (440 Cal/slice)
- Assorted Miniature Chocolate and Caramel Cheesecakes (80 Cal/3.75 oz. serving)
- Dulce de Leche Brownie (220 Cal/1.25 oz. serving)
- Chocolate Cake (270 Cal/slice)

Buffet Beverages
- Assorted Muffins 400-510 Cal each
- Assorted Danish 200-430 Cal each
- Assorted Scones 430-470 Cal each
- Assorted Bagels 170-360 Cal each
- Scrambled Eggs 180 Cal/oz. serving
- Cheddar and Onion Frittata 270 Cal each
- Breakfast Potatoes 130-150 Cal/3 oz. serving
- Bacon 45 Cal each
- Breakfast Sausage 130-220 Cal each
- Pancakes 50 Cal each
- Maple Syrup 70 Cal/oz. serving
- Fresh Seasonal Sliced Fruit 40 Cal/2.5 oz. serving
- Assorted Juices 110-170 Cal each

Southern Miss Catering

Latin Breakfast $10.49
Choice of Chilaquiles Rojo with Eggs or Chorizo Breakfast Quesadilla served with Salsa, Sausage, Spicy Cheddar Grits with Roasted Red Peppers, Strawberry Melon Salad, Assorted Juices and Bottled Water, Starbucks Coffee, Decaf and Hot Tea
- Chilaquiles Rojo with Eggs 340 Cal/6.875 oz. serving
- Chorizo Breakfast Quesadilla 700 Cal/10.875 oz. serving
- Zesty Salsa 20 Cal/1 oz. serving
- Sausage Links 130 Cal each
- Spicy Cheddar Grits with Roasted Red Peppers 100 Cal/3 oz. serving
- Strawberry Melon Salad 40 Cal/3 oz. serving
- Assorted Juices 110-170 Cal each
- Bottled Water 0 Cal each
- Starbucks Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

Egg Whites, Turkey Bacon, and Turkey Sausage are available upon request - nominal fee may apply.

Southern Miss Catering
**BREAKFAST**

**Breakfast Enhancements**

All prices are per person and available for 12 guests or more. Includes appropriate condiments.

- **Grits Bar** $7.19
  - Traditional Grits served with Bacon, Cheddar Cheese, Scallions, Butter, Cinnamon
  - Sugar and Raisins
  - Grits Bar $7.19
  - Traditional Grits served with Bacon, Cheddar Cheese, Scallions, Butter, Cinnamon
  - Includes appropriate condiments.
  - 390 Cal/9.25 oz. serving

- **Oatmeal Bar** $7.19
  - Oatmeal Bar $7.19
  - Try our delicious Oatmeal served with a variety of toppings:
  - Oatmeal 150 Cal/6 oz. serving
  - Dried Cranberries 20 Cal/0.5 oz. serving
  - Raisins 40 Cal/0.5 oz. serving
  - Walnuts 90 Cal/0.5 oz. serving
  - Maple Syrup 70 Cal/1 oz. serving

- **Home-style Biscuits and Gravy** $3.29
  - (390 Cal/7 oz. serving)
  - Includes appropriate condiments.
  - Includes appropriate condiments.

- **Egg Whites, Turkey Bacon and Turkey Sausage** are available upon request - nominal fee may apply.

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**BUFFETS**

**Themed Buffets**

12 Person Minimum. Includes appropriate condiments and choice of beverages.

- **All-American Picnic** $14.49
  - Includes appropriate condiments and choice of beverages.
  - All-American Picnic $14.49
  - Kebab from the Grill
  - Salad from the Garden
  - Iced Tea
  - Lemonade
  - Iced Water

- **Southern Miss Catering**

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2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request. In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.
SANDWICHES & SALADS
Classic Collections

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Looking to create your own Themed Buffet or Unique Custom Buffet?
Contact us at DillonMarlene@thearmork.com or 601.261.5522 Ext. 5552 to explore more options and personalize your buffet to fit your event.

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**SANDWICHES & SALADS**

**Classic Collections**

All prices are per person and available for 12 guests or more. Includes appropriate condiments.

**The Executive Luncheon $17.79**

Choice of three (3) Sandwiches and two (2) Side Salads accompanied by Potato Chips, Mayo and Mustard, Pickles, Assorted Crackeworthy Cookies, Iced Water and Iced Tea.

Executive Luncheon Sandwiches
- Side Salads 25-330 Cal each
- DH Pickle Slices 0 Cal/1 oz. serving
- Individual Bags of Chips 100-160 Cal each
- Assorted Crackeworthy Cookies 250-310 Cal each
- Iced Tea 5 Cal/8 oz. serving
- Iced Water 0 Cal/8 oz. serving

Executive Luncheon Sandwiches
- Available Sandwich Choices for the Executive Luncheon Buffet
  - Garden Vegetables with Boursin, Aged Provolone and Roasted Garlic Aioli on Ciabatta (570 Cal each)
  - Portobello Ciabatta (510 Cal each)
  - Turkey Feta Ciabatta with Spinach and Sun-Dried Tomato Aoli (620 Cal each)
  - Southwest Smoked Turkey Ciabatta with Fresh Spinach and Chipotle Mayo (500 Cal each)
  - Turkey & Ham Club Sub with Bacon, Swiss Cheese and Honey Dijon Dressing (390 Cal each)
  - Roast Beef, Swiss and Mushroom Sub (440 Cal each)

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**Side Salad Selections**

(Included with Deli Express, Classic Selections, and Executive Luncheon Sandwich Buffets)

- Greek Pasta Salad tossed with Tomatoes, Cucumbers, Red Onion, Oranges, Fresh Baby Spinach, Feta Cheese and Black Olives (90 Cal/4 oz. serving)
- Roasted Cranberry Apple Couscous with Apricots, Granny Smith Apples, Almonds, Red Onion, Fresh Spinach and Salsalina (180 Cal/3 oz. serving)
- Roasted Corn and Black Bean Salad with Spanish Onion, Red Peppers, Jalapenos, Fresh Cilantro and Fresh Garlic (120 Cal/4 oz. serving)
- Chickpea Salad with Fresh Cucumbers, Red Onion, Green and Red Peppers, Celery and Garlic with a Hot Pepper Sauce and Lemon Seasoning (150 Cal/3 oz. serving)
- Grilled Dill Cucumber Salad with Orions tossed in Italian Dressing (60 Cal/3.75 oz. serving)
- Grilled Vegetable Pasta Salad with a Balsamic Dressing (130 Cal/3 oz. serving)
- Red-skinned Potato Salad with Egg, Celery and Spanish Onion in a Seasoned Mayonnaise Dressing (240 Cal/oz. serving)
- Traditional Coleslaw finely shredded with Carrots in a Mayonnaise and Celery Seed Dressing (170 Cal/3.5 oz. serving)

**Executive Luncheon Sandwiches**

- Roasted Chicken 200 Cal/2 oz. serving
- Italian Dressing 80 Cal/2 oz. serving
- Roast Grilled Chicken 160 Cal/2 oz. serving
- Diced Ham 60 Cal/2 oz. serving
- Roasted Chicken 210 Cal/2 oz. serving
- Roasted Red Onions 60 Cal/0.5 oz. serving
- Shredded Cheese 5 Cal/1 oz. serving
- Tomatoes 5 Cal/1 oz. serving
- Cucumbers 5 Cal/1 oz. serving
- Shredded Carrots 10 Cal/0.5 oz. serving
- Croutons 60 Cal/0.5 oz. serving
- Soup du Jour 160 Cal each
- Assorted Crackeworthy Cookies 120-420 Cal each
- Iced Tea 5 Cal/8 oz. serving
- Iced Water 0 Cal/8 oz. serving

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**Buffets**

**Medi Eats Buffet $17.49**

- Israeli Couscous 120 Cal/3.5 oz. serving
- Roasted Eggplant 100 Cal/3 oz. serving
- Southwestern Style of Pork in Salsa 60 Cal/1 oz. serving
- White Pita Flatbread 250 Cal each
- Whole Wheat Pita Flatbread 250 Cal each
- Falafel 60 Cal each
- Tzatziki 3 Cal/oz. serving
- Cinnamon Custard 200 Cal/2 oz. serving

**Soup and Salad Buffet $15.49**

- Garden Fresh Tossed Salad with Dressings and assorted toppings served with Dinner Rolls and Butter, Soup du Jour, Assorted Crackeworthy Cookies and choice of Beverage
  - Garden Fresh Mixed Greens 15 Cal/oz. serving
  - Ranch Dressing 200 Cal/2 oz. serving
  - Italian Dressing 80 Cal/2 oz. serving
  - Roast Grilled Chicken 160 Cal/2 oz. serving
  - Diced Ham 60 Cal/2 oz. serving
  - Roasted Chicken 210 Cal/2 oz. serving
  - Roasted Red Onions 60 Cal/0.5 oz. serving
  - Shredded Cheese 5 Cal/1 oz. serving
  - Tomatoes 5 Cal/1 oz. serving
  - Cucumbers 5 Cal/1 oz. serving
  - Shredded Carrots 10 Cal/0.5 oz. serving
  - Croutons 60 Cal/0.5 oz. serving
  - Soup du Jour 160 Cal each
  - Assorted Crackeworthy Cookies 120-420 Cal each
  - Iced Tea 5 Cal/8 oz. serving
  - Iced Water 0 Cal/8 oz. serving

**Sunday BBQ $17.49**

- Garden Fresh Tossed Salad with Dressings and assorted toppings served with Dinner Rolls and Butter, Soup du Jour, Assorted Crackeworthy Cookies and choice of Beverage
  - Garden Fresh Mixed Greens 15 Cal/oz. serving
  - Ranch Dressing 200 Cal/2 oz. serving
  - Italian Dressing 80 Cal/2 oz. serving
  - Roast Grilled Chicken 160 Cal/2 oz. serving
  - Diced Ham 60 Cal/2 oz. serving
  - Roasted Chicken 210 Cal/2 oz. serving
  - Roasted Red Onions 60 Cal/0.5 oz. serving
  - Shredded Cheese 5 Cal/1 oz. serving
  - Tomatoes 5 Cal/1 oz. serving
  - Cucumbers 5 Cal/1 oz. serving
  - Shredded Carrots 10 Cal/0.5 oz. serving
  - Croutons 60 Cal/0.5 oz. serving
  - Soup du Jour 160 Cal each
  - Assorted Crackeworthy Cookies 120-420 Cal each
  - Iced Tea 5 Cal/8 oz. serving
  - Iced Water 0 Cal/8 oz. serving

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